

09-22-22 Rehearsal Notes

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**DAILY PRACTICE SHOULD BE #1 PRIORITY FOR ALL**  
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******LAST MINUTE NOTICE FROM CROSSROADS******

Kickoff time for this SATURDAY's game has been moved UP to 5:30PM
Arrival time remains 5pm. Mr. and Mrs. Borow will be there at 4:30.
See director's email from 9:22, 9:16am, for complete details.

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**Wheaton Light-A-Holiday Parade**

If there are members interested in playing in the **Wheaton Light-A-Holiday Parade**, Friday, the day after Thanksgiving, you may still sign up but must do so quickly. The director needs to know by 9pm on Monday, 9/26, before she distributes music prior to next week's practice. Cadets can march with us in the Patriot Auxiliary.

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About Red EE books

All members of Concert Junior, Senior and Symphonic must bring their own, LABELED, copy of the Red Essential Elements book with them to each week's rehearsal. This past week we had a large number of people trying to share one book. This should not happen.

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**Entering and Exiting Cornelius Hall**

All members should enter and exit Colonial Hall using the right-most door with the sidewalk leading up to it. The double doors to the left should **ONLY** be used for loading and unloading of the percussion equipment before and after band. Other than that those double doors are not to be used to enter or exit the hall.

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Cadet percussion set-up

To accommodate our large number of Cadet percussionists for rehearsal, they should set-up forming an L-shape, spread out along the wall that the director faces (towards the parking lot) and the wall to the director's right (opposite the storage closet).

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**REHEARSAL NOTES RESUME**

On Friday -the day after rehearsal (or occasionally not until Saturday) -there will be a link on our Members' News page to that week's Rehearsal Notes. The Notes contain information for both students and parents and should be reviewed each week. *We point this out because halfway into the year we've had parents telling us they didn't know they were supposed to access them regularly, and they were missing important dates and details.* **There is more about Rehearsal Notes in the Opening Letter.**

You were kept informed over the summer via email. The number of emails will once again be kept to a minimum until next summer. It is your responsibility to check weekly for Rehearsal Notes. Perhaps set a reminder on your phone.

**WEBSITE PROBLEMS?** If you are not seeing the correct version of Rehearsal Notes (or other documents) you are expecting, try refreshing the page. Sometimes your computer will show old information until you refresh. New Rehearsal Notes are usually up on Friday night but sometimes they are not up until Saturday at the latest.

### **CHECK YOUR SPAM/JUNK EMAIL FOLDER**

Emails sent by Mrs. Borow have ended up in some members' spam/junk folders. Check there for band related emails and **mark them as NOT SPAM/JUNK**.

### **TIMELY DROP-OFFS AND PICK-UPS REQUIRED**

We are not equipped to oversee students outside of their rehearsal time. Parents, we are relying on you for timely drop-offs and pick-ups of your student(s).

### **PRACTICE TIME REPORTS START NOW**

All band members, wind and percussion, are to use this form for reporting **each week's** (not daily) practice, throughout the year. The form requires both the student's name and a parent's signature. Be sure to include first and last names. See **Forms/Documents** for the WSHSB PRACTICE REPORT. Suggested practice times are in the Handbook. **The required parent signature tells us you agree with and accept the practice time reported.**

Print off copies now, cut the strips apart and put them in an envelope. Keep them in your music folder so you have one ready every week.

### **DRESS CODES FOR REHEARSALS AND CONCERTS**

Take a moment to review these dress codes on our FORMS/DOCUMENTS webpage.

### **BAND BUDDY SYSTEM**

Mrs. Angela Herrera will post on our private Facebook page (WSHSB-Private) for new families to sign up to get a seasoned family to help them navigate the band year. Seasoned families can also sign up to be a buddy. Angela will match the families and send them contact information. Sign up at the front table at band or email Angela to sign up. Her email address is in the Opening Letter sent 9/20.

**PLEASE NOTE** - WSHSB on Facebook - Our private page is "WSHSB-Private"

### **APPAREL ORDER**

Order deadline is 11:59pm on October 7<sup>th</sup> for distribution on October 27<sup>th</sup>. There is a personalization option for select t-shirts and hoodies. See more details in the Opening Letter.

ORDER LINK → <https://hyperstitch.com/category/schools/west-suburban-home-school-band/>

Email or call/text Mrs. Herrera with any questions. Her number is in the Opening Letter.

### **IMPORTANT DATES AND DEADLINES**

**September 24 - SATURDAY** – Arrive at **5 PM** - Volunteers perform at **Crossroads Football Game** at Aurora Central Catholic High School, 1255 N. Edgelawn, Aurora, IL 60506

**October 6 - Winter Concert Well-Wishers are due** for those using them to cover any fees/tuition. This allows about a 9 week extension beyond the August 2022 fee deadline.

**October 7 - FRIDAY** – **Band Apparel order deadline 11:59pm CST.**

**November 15** – Tuesday evening, **7:30 – 8:30 pm** – Black uniform pants for all and Symphonic blue jacket fitting/exchange at the Borows. You must sign-up in advance. See Rehearsal Notes for more info.

**November 17 - Cadets' Winter Performance Dress Rehearsal**

Regular practices for Concert Junior, Concert Senior and Symphonic

## Sweeping/Trash Assignments for next rehearsal after Symphonic band

You must get a sub if you will not be there. 09/29 – Reghan B, Suzy G

### SECTIONALS FOR 09-29-22

|           |             |           |               |
|-----------|-------------|-----------|---------------|
| Cadet     | 4:45-5:00pm | See notes | At your place |
| Junior    | 5:45-6:00pm | NONE      |               |
| Senior    | 6:45-7:00pm | NONE      |               |
| Symphonic | 7:45-8:00pm | NONE      |               |

## MUSIC NOTES

### Cadets

SECTIONALS – 4:45-5:00pm - Every instrument section, at your place with section leader, play notes in Ex. 1,3,5,7,9, review tonguing, review hand-out homework

**NICE WORK, TO ALL THE NEW CADETS!**

**QUIZ** – All brass on required lip slurs for notes in Exercises 1 and 9.

**Cadet Parents** – If your student is struggling to produce sound on their instrument please call the director, 630-231-6155, as soon as possible, before the next rehearsal on 9-29, for suggestions.

### A DIFFERENT PAGING SYSTEM

French horns and oboes have a different paging system in their Essential Elements book. There are two pages, A and B, left and right, for every page number. If you have this type of book you should always play from the page on the right side at band rehearsals.

**FINGERING CHART FOR E-FLAT TUBAS** – Those with Eb tubas can find the fingering chart anytime on our Music Resources page. The chart is on page 13 of this PDF → [Fingering Chart](#).

### ABOUT ESSENTIAL ELEMENTS

*On our Music Resources page is a link to a PDF that explains how to access the play-along tracks and tools to use with Essential Elements. The director expects all Cadets to always play along with these recordings. We've included the link for you → [ABOUT ESSENTIAL ELEMENTS "MY EE LIBRARY"](#) **Practicing with recordings should help the student HEAR if they are playing the notes correctly.***

### FOR HOMEWORK –

Do the handout at home and review with your section leader before band during the sectional time from 4:45 to 5pm.

Review and study pages 2 and 3 "The Basics." Practice parts on pages 4 and 5. The odd number exercises are an introduction to the first five notes while the even number exercises introduce tonguing. Review the YELLOW boxes on these pages which introduce new concepts and music theory terms as illustrated on the director's poster at band. **WRITE IN THE LETTER NAMES OF NOTES on exercises.**

Practice Rhythm Studies pg 42, clapping lines 1 and 5 and work on line 9

Use the link provided above or play with the DVD (if you have it) using the Smart Music software with the adjustable tempo. If you currently have the CD-Rom or online access you may also control the tempo. Listen and try to match the pitch and tone. Use proper tonguing. Practice every day for no less than 20 minutes. You may split the time between multiple sessions. At every practice session, everyone should check their: posture and instrument hold, breathing/airstream, and mouth position (embouchure).

**NOTE to BRASS: WORK ON LIP SLURS** - All brass players must learn to move up and down in pitch by loosening and tightening their lips. Doing this is called a lip slur. Focus on the trial & error of moving your lips

(tightening/loosening) to match the required notes in the exercises. It will take regular practice to reach the notes.

For all brass, except *E<sub>b</sub>* tubas, this can be practiced using the book going back and forth from the note in Exercise 1 to the note in Exercise 9. *E<sub>b</sub>* tubas will not have a lip slur until your lesson includes high *B<sub>b</sub>*. You will then need to lip slur from *B<sub>b</sub>* to *E<sub>b</sub>*.

**FOR CADET PERCUSSIONISTS WITH BELLS** – Label the notes on your bells using masking or painter’s tape which is easier to remove. Mark the letter name of each note on the tape according to the chart on page 5 of your book.

**FOR ALL CADETS - RECOGNIZING NOTES**

The musical staff has five lines and four spaces. Following are mnemonic aids to help remember the names of the different notes on the treble clef and bass clef, both the lines and spaces. It is a time-worn method.

Treble Clef - lines

**E - every**

**G - good**

**B - boy**

**D - does**

**F - fine**

Treble Clef - spaces

spell: F-A-C-E

**F**

**A**

**C**

**E**

Bass Clef - lines

**G - great**

**B - big**

**D - dogs**

**F - fight**

**A - animals**

Bass Clef spaces

**A-all**

**C-cars**

**E -eat**

**G-gas**

***CADETS AND PARENTS, be sure to also read the General Notes further down.***



**Notes to Junior, Senior, and Symphonic bands –**

**MUSIC MISSING?** Songs are listed below. If you are missing any of the following songs please email Mrs. Borow ([director@wshsb.org](mailto:director@wshsb.org)) as soon as possible. She will put it in your music folder. **DO NOT WAIT UNTIL NEXT REHEARSAL TO TELL HER.**

**RETURN AUDITION PACKETS** - Please turn in your Senior and/or Symphonic audition music packets if you haven’t already done so.

**FOR ALL PERCUSSIONISTS - EVERY WEEK** All Jr, Sr, and Sym percussionists must bring your own labeled music folders and bell sets. Be sure to label all parts. **ALSO** - You must bring your own printed copy of the assignment grid, emailed to you. Keep it in your music folder and bring to band every week for each of your bands to help expedite the logistics in the section. Bring a pencil too.

**REGARDING ESSENTIAL ELEMENTS BOOKS** - CONCERT JR, SR **AND** SYM should bring the Essential Elements for Band Book 2 “Red” for possible use at weekly rehearsals. **Note:** Essential Elements for Band Book 2 “Red” will not necessarily be used every week. However, Junior **AND** Senior members are highly encouraged to use Book 2 to for daily practice, personal improvement and preparation for the Concert Senior audition. Symphonic will use various exercises for warm-ups at band.

**BRING TUNERS**

**Bring your own tuner each week and tune your instrument before your band time begins.**



**Junior (see notes above)**

**SECTIONALS – 5:45-6:00pm - NONE**

**Everyone must bring their RED EE BOOK**

**RED EE BOOK** – review on pg 2 and 3, Exercise 161, 162 then 154

Eine Kleine

Gaslight Gaities  
Lexington March  
Mama Piquita

Percussions practice keeping an even tempo playing with a metronome

Shenandoah

Saxes, watch the F natural

Success March

Te Deum Prelude

French horns and alto saxes play tenors sax cues at 3

God Bless America

Paul Simon

Star Spangled Banner

## Senior (see notes above)

SECTIONALS – 6:45-7:00pm - NONE

Everyone must bring their RED EE BOOK

**RED EE BOOK** – review on pg 2 and 3, Exercise 161, 162 then 154

Balladair

Cotton Eyed Joe

Hymn of Thanksgiving

Il Re Pastore

Lady of Spain (march size)

Mañana (march size)

Menuetto

Mussorgsky!

Pixar Movie Magic

Silent Hills of My Childhood, The

Sir Lancelot

Springtime Festival March

French horns practice the trio

God Bless America

Paul Simon

Star Spangled Banner

## Symphonic (see notes above)

SECTIONALS – 7:45-8:00pm - NONE

Everyone must bring their RED EE BOOK

**RED EE BOOK** – Exercise 161, 162 then 154.

Fanfare and Flourishes

Alvamar Overture

All percussion, listen and play along with recording → [Alvamar recording](#) and help find errors in music as discussed after band.

Besame Mucho

In the Bleak Midwinter

Le Regiment

Marriage of Figaro

Pines of Rome, The

Rhapsody of Reruns

Symphonic Overture (for Spring trimester)

*All members - At home, check your Symphonic Overture to be sure you have the complete song, all pages. Also check that the top and bottom of all pages are there with nothing cut off.*

God Bless America

Paul Simon

Star Spangled Banner

## GENERAL NOTES

### HEARING PROTECTION

For those who are interested, there are ear plugs which are specifically designed for musicians. They reduce the sound level by 20 decibels but still allow you to hear clearly.

A good number of band members have worn these every week in band for years (and other loud events like football games and movies). They're comfortable and effective. The drum and bugle corps and college bands now issue them to all their members.

They sell for \$13.95 on the ETYMOTIC website and here's a link for Amazon [Etymotic High Fidelity Earplugs](#).

### JACKET AND PANTS FITTING

We hold a jacket and pants fitting *only once a year*. The jackets are for Symphonic members while the pants are available for any band member. After this one and only fitting opportunity everything is packed away and not accessible. This year's fitting date is **Tuesday, November 15, 7:30 - 8:30 pm**. **YOU WILL NEED TO SIGN-UP IF COMING**. The sign-up sheet is at the front table.

The director wishes to emphasize that the band has over 100 pairs of pants to lend. Whether for concerts or looking ahead to marching, you should think about this now as November 9 is the only fitting date. This fitting happens annually. If you are concerned you might need a larger size later in the year she said you can take two pair. You need to sign-up to try them on, on November 15.

### MUSIC LINKS FOR ALL THREE BANDS

A document containing links for the Winter Concert songs will be emailed to all families in the coming weeks. The director has most all of them but they need to be organized. In the meantime, some can be found at [Past WSHSB Concert Performances](#), on JW Pepper, and YouTube. Make sure you are using the correct arrangement/arranger.

### MUSIC – INSTRUMENT-REPAIR SHOPS

This document can be found on our FORMS/OCUMENTS page