

09-28-23 Rehearsal Notes

IMPORTANT DATES AND DEADLINES

October 5 - Winter Concert Well-Wishers are due for those using them to cover any fees/tuition.

This allows about a 9 week extension beyond the August 2023 fee deadline.

October 6- FRIDAY – Band Apparel order deadline 11:59pm CST.

October 26 – Band Apparel orders delivered at band

November 14 – Tuesday evening, 7:30 – 8:30 pm – Black uniform pants for all and Symphonic blue jacket fitting/exchange at the Borows

You must sign-up in advance. See Rehearsal Notes for more info.

November 24 – Friday evening– NOT YET CONFIRMED – Wheaton Christmas Parade

November 27 – Monday Spring trimester, BOOSTER VOLUNTEER JOBS to be RELEASED at 7pm. First come, first served.

November 30 - Cadets' Winter Performance Dress Rehearsal

Regular practices for Concert Junior, Concert Senior and Symphonic

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### Sweeping Assignment for next rehearsal after Symphonic band

You must get a sub if you will not be there. 10/05– Gina M

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DAILY PRACTICE SHOULD BE #1 PRIORITY FOR ALL

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### APPAREL ORDER

Order deadline is 11:59pm on October 6 for distribution on October 26. There is a personalization option for select t-shirts and hoodies. See more details in the Opening Letter.

ORDER LINK → <https://hyperstitch.com/category/schools/west-suburban-home-school-band/>

Email or call/text Mrs. Herrera with any questions; her number is in the Opening Letter.

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BAND PHOTOS

If people have photos and want to post them, they should be emailed to WSHSBphotos@gmail.com. Mrs. Gustafson's internet/email is currently/temporarily unavailable. If you have any questions please call or text using info found in Opening Letter.

She saw one mom taking pics at cadet band and would love to have those posted. Go cadets go!

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### SECTIONALS FOR 10-05-23

|           |             |              |                    |
|-----------|-------------|--------------|--------------------|
| Cadet     | 4:45-5:00pm | KITCHEN      | Alto Saxes         |
| Cadet     | 4:45-5:00pm | UTILITY ROOM | Flutes             |
| Cadet     | 4:45-5:00pm | UNDER STAIRS | Clarinets          |
| Cadet     | 4:45-5:00pm | In Place     | All other sections |
| Junior    | 5:45-6:00pm | KITCHEN      | Trumpets           |
| Senior    | 6:45-7:00pm | KITCHEN      | Percussion on pads |
| Senior    | 6:45-7:00pm | UNDER STAIRS | Clarinets          |
| Symphonic | 7:45-8:00pm | KITCHEN      | Percussion on pads |
| Symphonic | 7:45-8:00pm | UNDER STAIRS | Trumpets           |

## MUSIC NOTES

### Cadets

**SECTIONALS – 4:45-5:00pm Assignment for ALL sectionals.** Ex. 1,3,5,7,9, and pgs 6 and 7

Helpers confirm/review tonguing, review hand-out homework

KITCHEN – Alto saxes

UTILITY ROOM - Flutes

UNDER STAIRS – Clarinets

**Do not stand on stairs or landing! Use only the area under the stairwell.**

AT YOUR PLACE **ALL OTHER** instrument sections, with section leader,  
Same assignment

**NOTICE– CADET EVALUATIONS will be held on 10/12.**

**Early arrivals will be required to BEGIN EVALUATIONS at 4:45 pm sharp!**

- Observed for posture, instrument hold, hand position and embouchure
- Pg. 6, perform 5 notes in review,
- Pg. 6, play Ex 18 Go Tell Aunt Rhodie
- Pg. 6, clap Ex 15 Rhythm Rap while the helper keeps the tempo with their foot
- Recite letter names for lines and spaces as shown in Rehearsal Notes
- Observed for note accuracy plus tonguing for winds, sticking for perc,  
EVALUATORS: Cadet Evaluation Form can be found on our Member's News Page

**Cadet Parents** – If your student is struggling to produce sound on their instrument please call the director, 630-231-6155, as soon as possible, before the next rehearsal for suggestions.

**A DIFFERENT PAGING SYSTEM** – French horns and oboes have a different paging system in their Essential Elements book. There are two pages, A and B, left and right, for every page number. If you have this type of book you should always play from the page on the right side at band rehearsals.

**ABOUT ESSENTIAL ELEMENTS** – *On our Music Resources page is a link to a PDF that explains how to access the play-along tracks and tools to use with Essential Elements. The director expects all Cadets to always play along with these recordings. We've included the link for you → [ABOUT ESSENTIAL ELEMENTS "MY EE LIBRARY](#)*

*Practicing with recordings should help the student **HEAR** if they are playing the notes correctly.*

**BRING A SHARPENED PENCIL** for making notations in EE book.

**FOR HOMEWORK –**

1. Work on pages 6 and 7 and **play along with recordings. Adjust tempo if you are able.**  
Complete Exercises 13, 19 and 26. Review the YELLOW boxes.  
**WRITE IN THE LETTER NAMES OF NOTES on exercises if helpful.**
2. All brass instruments, practice lip slurs, ex. 1-9. **Be prepared for a QUIZ on those required lip slurs.**
3. Review Rhythm Studies pg 42, clapping lines 5, 9 and 13
4. **Do the handout at home and review with your section leader before band during the sectional time from 4:45 to 5pm.**
5. **HELPERS** – Ask your section members for their Homework Handout assignments and review them
6. **Practice these songs daily for Cadet Performance**  
**PLAY ALL SONGS WITH RECORDINGS**  
14 Rolling Along  
18 Go Tell Aunt Rhodie  
25 Lightly Row  
22 Split Decision, (*repeat one time, although not written that way*)  
**A**-Woodwinds  
**B**-Brass  
24 Listen to Our Sections

Use the link provided above or play with the DVD (if you have it) using the Smart Music software with the adjustable tempo. If you currently have the CD-Rom or online access you may also control the tempo. Listen and try to match the pitch and tone. Use proper tonguing. Practice every day for no less than 20 minutes. You may split the time between multiple sessions. At every practice session, everyone should check their: posture and instrument hold, breathing/airstream, and mouth position (embouchure).

**NOTE to BRASS: WORK ON LIP SLURS** – See definition of lip slurs on page 24 of Essential Elements. All brass players must learn to move up and down in pitch by loosening and tightening their lips. Doing this is called a lip slur. Focus on the trial & error of moving your lips (tightening/loosening) to match the required notes in the exercises. It will take regular practice to reach the notes.

For all brass, except Eb tubas, this can be practiced using the book going back and forth from the note in Exercise 1 to the note in Exercise 9. Eb tubas will not have a lip slur until your lesson includes high Bb. You will then need to lip slur from Bb to Eb.

**FOR CADET PERCUSSIONISTS WITH BELLS** – Label the notes on your bells using masking or painter’s tape which is easier to remove. Mark the letter name of each note on the tape according to the chart on page 5 of your book.

**FOR ALL CADETS - RECOGNIZING NOTES**

The musical staff has five lines and four spaces. Following are mnemonic aids to help remember the names of the different notes on the treble clef and bass clef, both the lines and spaces. It is a time-worn method.

|                     |                      |                    |                  |
|---------------------|----------------------|--------------------|------------------|
| Treble Clef - lines | Treble Clef - spaces | Bass Clef - lines  | Bass Clef spaces |
| <b>E - every</b>    | spell: F-A-C-E       | <b>G - great</b>   | <b>A-all</b>     |
| <b>G - good</b>     | <b>F</b>             | <b>B - big</b>     | <b>C-cars</b>    |
| <b>B - boy</b>      | <b>A</b>             | <b>D - dogs</b>    | <b>E -eat</b>    |
| <b>D - does</b>     | <b>C</b>             | <b>F - fight</b>   | <b>G-gas</b>     |
| <b>F - fine</b>     | <b>E</b>             | <b>A - animals</b> |                  |

**CADETS AND PARENTS, be sure to also read the General Notes further down.**



**Notes to Junior, Senior, and Symphonic bands –**

**MUSIC MISSING?** Songs are listed below. If you are missing any of the following songs please email Mrs. Borow ([director@wshsb.org](mailto:director@wshsb.org)) as soon as possible. She will put it in your music folder. **DO NOT WAIT UNTIL NEXT REHEARSAL TO TELL HER.**

**BRING A SHARPENED PENCIL** for making notations on band issued music. Nothing other than pencil markings are to be made. The quantity of marks should be kept to a bare minimum and all marks must be erased before returning.

**Bb HORN PARTS ARE NOT MISTAKES**

“Bb Horn” parts are given to directors as optional 3<sup>rd</sup> parts on each instrument. If you are a clarinet, trumpet, baritone or bass clarinet player, you may receive a Bb horn part. It is not a “mistake”

**BRING TUNERS**

**Bring your own tuner each week and tune your instrument before your band time begins.**



**Junior (see notes above)**

**SECTIONALS – 5:45-6:00pm - KITCHEN – Trumpets, work on [Üsküdar](#) and [Alpine March](#)**

**Everyone must bring their RED EE BOOK**

**RED EE BOOK** – review on pg 4 and 5, Exercise 11, 13 to 18; Rhythm lines 9 and 13

\*\*\*\*\***PRACTICE DAILY WITH LINKS SENT IN 09/25/23 EMAIL**\*\*\*\*\*

- Skygazer Fanfare
- Üsküdar
- Air and Alleluia
- Alpine March
- Chorale from Jupiter
- Choucouné
- Canterbury Overture
- Fascinating Rhythm
- COMBINED
- Star Spangled Banner

God Bless America  
Our Director March  
Raiders March

**COMING – Not yet Distributed**

**ONLY THOSE MARCHING IN THE PARADE SHOULD PLAY THESE TWO SONGS AT REHEARSAL**

**DO NOT PLAY IF YOU ARE NOT SIGNED UP**

**We Need a Little Christmas** for parade

**Christmas Spectacular** for parade

### **Senior (see notes above)**

**SECTIONALS – 6:45-7:00pm - KITCHEN** – Percussion on pads, work on Big Mambo soli and  
both versions of Strike up the Band

**UNDER STAIRS** – Clarinets, work on Hymnsong and Carmen

**Do not stand on stairs or landing! Use only the area under the stairwell.**

**Everyone must bring their RED EE BOOK**

**RED EE BOOK** page 34, 163-166; plus chorale 155

\*\*\*\*\***PRACTICE DAILY WITH LINKS SENT IN 09/25/23 EMAIL**\*\*\*\*\*

**Anyone with 1st OR 2nd bassoon cues in any song should play them**

Carmen Celebration, A

*Click link for a page of numerous corrections for Carmen Celebration. IGNORE all the scratches and marks on the sheet. Pencil-in all changes on your music. Link → [Carmen Celebration Errata Sheet](#)*

Fughetta

Jump, Jive an' Swing

Menuetto

On a Hymnsong of Philip Bliss

Onward!

Strike Up the Band (arr. Dye)

Strike Up the Band (arr. Leach)

Big Mambo, The

**COMBINED**

Star Spangled Banner

God Bless America

Our Director March

Raiders March

**COMING – Not yet Distributed**

**ONLY THOSE MARCHING IN THE PARADE SHOULD PLAY THESE TWO SONGS AT REHEARSAL**

**DO NOT PLAY IF YOU ARE NOT SIGNED UP**

**We Need a Little Christmas** for parade

**Christmas Spectacular** for parade

### **Symphonic (see notes above)**

**SECTIONALS – 7:45-8:00pm - KITCHEN** – Percussion on pads, work on Waterloo

**UNDER STAIRS** – Trumpets work on Now Thank We All Our God

**Do not stand on stairs or landing! Use only the area under the stairwell.**

**Everyone must bring their RED EE BOOK**

\*\*\*\*\***PRACTICE DAILY WITH LINKS SENT IN 09/25/23 EMAIL**\*\*\*\*\*

**Anyone with 2nd bassoon cues in any song should play them**

Amazing Grace

Die Meistersinger Overture

IV Gallop

Now Thank We All Our God (FANFARE)

*(Part III from Three Choral Preludes)*

Poet and Peasant Overture

Anyone with 2nd bassoon cues should play them

Scherzo #9

Scherzo from Symphony #4

Take On Me

Themes Like Old Times

Waterloo

COMBINED

Star Spangled Banner

God Bless America

Our Director March

Raiders March

**COMING – Not yet Distributed**

**ONLY THOSE MARCHING IN THE PARADE SHOULD PLAY THESE TWO SONGS AT REHEARSAL**

**DO NOT PLAY IF YOU ARE NOT SIGNED UP**

**We Need a Little Christmas** for parade

**Christmas Spectacular** for parade

## GENERAL NOTES

### HEARING PROTECTION

For those who are interested, there are ear plugs which are specifically designed for musicians. They reduce the sound level by 20 decibels but still allow you to hear clearly.

A good number of band members have worn these every week in band for years (and other loud events like football games and movies). They're comfortable and effective. The drum and bugle corps and college bands now issue them to all their members.

They sell for \$13.98 on the ETYMOTIC website and here's a link for Amazon [Etymotic High Fidelity Earplugs](#).

### JACKET AND PANTS FITTING

We hold a jacket and pants fitting *only once a year*. The jackets are for Symphonic members while the pants are available for any band member. After this one and only fitting opportunity everything is packed away and not accessible. This year's fitting date is **Tuesday, November 14, 7:30 - 8:30 pm**. **YOU WILL NEED TO SIGN-UP IF COMING**. The sign-up sheet is at the front table.

The director wishes to emphasize that the band has over 100 pairs of pants to lend. Whether for concerts or looking ahead to marching, you should think about this now as November 14 is the only fitting date. This fitting happens annually. If you are concerned you might need a larger size later in the year she said you can take two pair. You need to sign-up to try them on, on November 14.

### MUSIC LINKS FOR ALL THREE BANDS

A document containing links for the Winter Concert songs was emailed to all families around noon on 9/25.

### MUSIC – INSTRUMENT-REPAIR SHOPS and PRIVATE MUSIC INSTRUCTORS

Music – Instrument – Repair Shops document can be found on our FORMS/OCUMENTS page

The list of Private Music Instructors was emailed to all band families on 9/27. It is NOT available online since it contains private information.

**IDEAS FOR PASSING TIME** - In the past moms of small children wondered what to do/where to go during band time. Suggestions we've received include the following list. Please let us know if any have changed or you have something to add.

- Bring some popcorn and a good exciting book and read out loud in the car. There are great biographies of missionaries and leaders of the faith written for younger ages. We can never seem to squeeze in enough time to do family reading, and this 'forced down time' could offer that.
- There is a Wal-Mart just east of the Charlestown Mall and a Jewel to the west on Kirk Rd. It is fairly close (5.6 mi @ 10 min). Take Rt. 59 to North Avenue. Go west and it is on the right (north) side of the street, just past Pheasant Run Resort.

- Some prefer to go east on Army Trail Road past County Farm Road to Costco (4.5 mi @7 min) (closes 8:30, gas station closes 9:30) and an Aldi (closes 8pm). There is also a Jewel at Army Trail and County Farm Roads (3.2 mi @5 min).
- Bartlett Library (closes 9pm) is at 800 S. Bartlett Road (3.5 mi, @8 min).
- NE corner of Rt 59 and Army Trail
  - Starbucks (closes 8pm)
  - Atlas Chicken (closes 8:30)
  - Beef Shack (closes 9pm).
- SE corner of Rt 59 and Army Trail
  - CVS (closes 10pm)
  - In strip mall, Pietanza's Italian Restaurant (closes 9pm)
- SW corner of Rt 59 and North Ave
  - Menards (closes 10pm)
  - Augustino's Rock 'n Roll Deli (closes 9pm)
  - Popeye's Chicken (closes 10pm, take out only, no eat-in)
- NE corner of Rt 59 and North Ave
  - Old Time Pottery and Dollar Tree (both close at 9pm)
  - McDonalds (closes inside at 10, drive-thru closes at 11)
  - Dunkin Donuts/Baskin Robbins (closes 9pm)
- NW corner of Rt 59 and North Ave
  - Mariscos El Vallartazo (closes 10pm)
  - Los Girasoles (closes 8pm)
- North on Rt 59 past Schick Rd. is a Culver's (closes at 10pm) and nearby, at 1420 S. Rt 59, is a Goodwill store, but it closes earlier at 7pm.
- Further north on Rt 59 (about 6 min from Resurrection) at Stearns Rd
  - Home Depot (closes 10pm)
  - At that intersection is a Walgreens, MacDonald's, Taco Bell, and Wendy's
  - There is also a Greek restaurant, Ambrosia Greek Eatery (closes at 9pm)