

09-26-24 Rehearsal Notes

IMPORTANT DATES AND DEADLINES

September 28 – Saturday Crossroads Football game 2pm

Aurora Central Catholic High School
1225 N. Edgelawn Drive; Aurora, IL 60506

Meet in parking lot at 1pm for rehearsal

October 3 - Winter Concert Well-Wishers are due for those using them to cover any fees/tuition.

This allows about a 8 week extension beyond the August 2024 fee deadline.

October 11– FRIDAY – Band Apparel order deadline 11:59pm CST.

October 12 – Saturday Crossroads Football game 2pm

Aurora Central Catholic High School
1225 N. Edgelawn Drive; Aurora, IL 60506

Meet in parking lot at 1pm for rehearsal

October 17 – Collection of all summer music with a completed Music Return Form

Instructions are coming in the Rehearsal Notes.

November 7 -- Band Apparel orders delivered at band

November 12 – Tuesday evening, 7:30 – 8:30 pm – Black uniform pants for all and

Symphonic blue jacket fitting/exchange at the Borows

You must sign-up in advance. See Rehearsal Notes for more info.

November 21 - Cadets' Winter Performance Dress Rehearsal

Regular practices for Concert Junior, Concert Senior and Symphonic

November 28 – NO BAND Happy Thanksgiving

November 29 – Friday evening–CONFIRMED – Wheaton Christmas Parade

Sweeping Assignment for next rehearsal after Symphonic band

You must get a sub if you will not be there. 10/03– Abigail S

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**DAILY PRACTICE SHOULD BE #1 PRIORITY FOR ALL**  
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Read in General Notes further down for 9/28 Football Game basics.

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**NO FOOD AT REHEARSALS!**

There is to be ABSOLUTELY no food in Cornelius Hall and beverages are limited to WATER ONLY.

That means no coffee or tea, lemonade or soda, etc. **for adults and students alike.**

### **About Red EE books and Unisonal**

All members of Concert Junior, Senior AND Symphonic must bring their own, Labeled, copy of their required Red Essential Elements book with them to each week's rehearsal. Symphonic should also bring Unisonal Part 2 #1.

### **Entering and Exiting Cornelius Hall**

All members should enter and exit Cornelius Hall using the right-most door with the sidewalk leading up to it. The double doors to the left should ONLY be used for loading and unloading of the percussion equipment before and after band. Other than that those double doors are not to be used to enter or exit the hall.

**IMPORTANT! WE ARE NOT ALLOWED TO PROP OPEN DOORS FOR ANY REASON.**

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REHEARSAL NOTES RESUME

On Friday -the day after rehearsal (or occasionally not until Saturday) -there will be a link on our Members' News page to that week's Rehearsal Notes. The Notes contain information for both students and parents and should be reviewed each week. *We point this out because halfway into the year we've had parents telling us they didn't know they were supposed to access them regularly, and they were missing important dates and details.* **There was more about Rehearsal Notes in the Opening Letter.**

You were kept informed over the summer via email. The number of emails will once again be kept to a minimum until next summer. It is your responsibility to check weekly for Rehearsal Notes. **Perhaps set a reminder on your phone to check for Rehearsal Notes on Friday night.**

WEBSITE PROBLEMS? If you are not seeing the correct version of Rehearsal Notes (or other documents) you are expecting, try refreshing the page. Sometimes your computer will show old information until you refresh. New Rehearsal Notes are usually up on Friday night but sometimes they are not up until Saturday at the latest. **Inform Mrs. Mergen if you see an error in the notes.**

NAME TAGS/SHEETS

Everyone is provided a name tag. It's to be folded in half and hung over their folder and stand, facing the director EVERY WEEK for both trimesters. The name must be visible. It will help the director learn everyone's name and easier for the various and changing attendance takers. It should be kept in the member's music folder or book and displayed at every rehearsal for the entire year. **Do not decorate or make any marks on your name tag.** If yours goes missing or is damaged notify the front table and Mrs. Mergen will print a new one.

CHECK YOUR SPAM/JUNK EMAIL FOLDER

Emails sent by Mrs. Borow and Mrs. Mergen have ended up in some members' spam/junk folders. Check there for band related emails and **mark them as NOT SPAM/JUNK.**

TIMELY DROP-OFFS AND PICK-UPS REQUIRED

We are not equipped to oversee students outside of their rehearsal time. Parents, we are relying on you for timely drop-offs and pick-ups of your student(s). **Parents must park their car and come just inside Cornelius** (near the coat rack) to pick-up their student(s). Please come inside and pick-up your student(s) promptly after their band is finished

PRACTICE TIME REPORTS START NOW

All band members, wind and percussion, are to use this form for reporting **each week's** (not daily) practice, throughout the year. The form requires both the student's name and a parent's signature. Be sure to include first and last names. See **Forms/Documents** for the WSHSB PRACTICE REPORT. Suggested practice times are in the Handbook. **The required parent signature tells us you agree with and accept the practice time reported.**

Print off copies now, cut the strips apart and put them in an envelope. Keep them in your music folder so you have one ready every week.

DRESS CODES FOR REHEARSALS AND CONCERTS

Take a moment to review the dress codes on our FORMS/DOCUMENTS webpage.

APPAREL ORDER

Order deadline is 11:59pm on October 11 for distribution on November 7. There is a personalization option for select t-shirts and hoodies.. See more details in the Opening Letter.

ORDER LINK → <https://hyperstitch.com/category/schools/west-suburban-home-school-band/>

Email or call/text Mrs. Herrera with any questions; her number is in the Opening Letter.

SECTIONALS FOR 10-03-24

Cadet	4:45-5:00pm	ALL, See notes	Various
Cadet	4:45-5:00pm	KITCHEN	Percussion
Cadet	4:45-5:00pm	UTILITY ROOM	Oboes

Cadet	4:45-5:00pm	UNDER STAIRS	French horns
Junior	5:45-6:00pm	KITCHEN	Trumpets
Junior	5:45-6:00pm	UNDER STAIRS	French horns
Senior	6:45-7:00pm	KITCHEN	Trumpets
Senior	6:45-7:00pm	UTILITY ROOM	Baritones
Senior	6:45-7:00pm	UNDER STAIRS	Flutes
Symphonic	7:45-8:00pm	KITCHEN	Flutes
Symphonic	7:45-8:00pm	UTILITY ROOM	Baritones
Symphonic	7:45-8:00pm	UNDER STAIRS	Trumpets

MUSIC NOTES

Cadets

SECTIONALS – 4:45-5:00pm Assignment for ALL sectionals. Play new notes, Ex. 1,3,5,7,9,
 Helpers confirm/review tonguing, review hand-out homework

KITCHEN – Percussion

UTILITY ROOM - Oboes

UNDER STAIRS – French horns

Do not stand on stairs or landing! Use only the area under the stairwell.

AT YOUR PLACE **ALL OTHER** instrument sections, with section leader,
 Same assignment

NICE WORK, TO ALL THE NEW CADETS!

QUIZ – All brass on required lip slurs for notes in Exercises 1 and 9.

See page 24 for definition of lip slurs

Cadet Parents – If your student is struggling to produce sound on their instrument please call the director, 630-231-6155, as soon as possible, before the next rehearsal on 10-3 for suggestions.

A DIFFERENT PAGING SYSTEM – French horns and oboes have a different paging system in their Essential Elements book. There are two pages, A and B, left and right, for every page number. If you have this type of book you should always play from the page on the right side at band rehearsals.

ABOUT ESSENTIAL ELEMENTS – *On our Music Resources page is a link to a PDF that explains how to access the play-along tracks and tools to use with Essential Elements. The director expects all Cadets to always play along with these recordings. We've included the link for you → [ABOUT ESSENTIAL ELEMENTS "MY EE LIBRARY"](#)*

Practicing with recordings should help the student HEAR if they are playing the notes correctly.

BRING A SHARPENED PENCIL for making marking in the notes and making notations on music. Nothing other than pencil markings are to be made.

FOR HOMEWORK –

Do the handout at home and review with your section leader before band during the sectional time from 4:45 to 5pm. Review and study pages 2 and 3 "The Basics." Practice pages 4 and 5. The odd number exercises are an introduction to the first five notes while the even number exercises introduce tonguing. Review the **YELLOW** boxes on these pages which introduce new concepts and music theory terms as illustrated on the director's poster at band. **WRITE IN THE LETTER NAMES OF NOTES on exercises.**

Practice Rhythm Studies pg 42, clapping lines 1 and 5 and work on line 9

Use the link provided above or play with the DVD (if you have it) using the Smart Music software with the adjustable tempo. If you currently have the CD-Rom or online access you may also control the tempo. Listen and try to match the pitch and tone. Use proper tonguing. Practice every day for no less than 20 minutes. You may split the time between multiple sessions. At every practice session, everyone should check their: posture and instrument hold, breathing/airstream, and mouth position (embouchure).

NOTE to BRASS: WORK ON LIP SLURS – See definition of lip slurs on page 24 of Essential Elements. All brass players must learn to move up and down in pitch by loosening and tightening their lips. Doing this is called

a lip slur. Focus on the trial & error of moving your lips (tightening/loosening) to match the required notes in the exercises. It will take regular practice to reach the notes.

For all brass, except Eb tubas, this can be practiced using the book going back and forth from the note in Exercise 1 to the note in Exercise 9. Eb tubas will not have a lip slur until your lesson includes high Bb. You will then need to lip slur from Bb to Eb.

FOR CADET PERCUSSIONISTS WITH BELLS – Label the notes on your bells using masking or painter’s tape which is easier to remove. Mark the letter name of each note on the tape according to the chart on page 5. of your book.

FOR ALL CADETS - RECOGNIZING NOTES

The musical staff has five lines and four spaces. Following are mnemonic aids to help remember the names of the different notes on the treble clef and bass clef, both the lines and spaces. It is a time-worn method.

Treble Clef - lines
E - every
G - good
B - boy
D - does
F - fine

Treble Clef - spaces
spell: F-A-C-E
F
A
C
E

Bass Clef - lines
G - great
B - big
D - dogs
F - fight
A - animals

Bass Clef spaces
A-all
C-cars
E -eat
G-gas

CADETS AND PARENTS, be sure to also read the General Notes further down.



Notes to Junior, Senior, and Symphonic bands –

Know that we will not play all the distributed songs. Watch your band’s music list for the songs that are dropped. Keep all music until collection day.

MUSIC MISSING? Songs are listed below. If you are missing any of the following songs please email Mrs. Borow (director@wshsb.org) as soon as possible. She will put it in your music folder. **DO NOT WAIT UNTIL NEXT REHEARSAL TO TELL HER.**

BRING A SHARPENED PENCIL for making notations on band issued music. Nothing other than pencil markings are to be made. The quantity of marks should be kept to a bare minimum and all marks must be erased before returning.

FOR ALL PERCUSSIONISTS - EVERY WEEK, ALL percussionists must bring your own labeled music folders. ALL members must also bring their bell sets. Be sure to label all parts. **ALSO** - You must bring your own printed copy of the assignment grid, emailed to you. Keep it in your music folder and bring to band every week for each of your bands to help expedite the logistics in the section.

REGARDING ESSENTIAL ELEMENTS BOOKS - CONCERT JR, SR **AND** SYM should bring the Essential Elements for Band Book 2 “Red” for possible use at weekly rehearsals. **Note:** Essential Elements for Band Book 2 “Red” will not necessarily be used every week. Junior **AND** Senior members are highly encouraged to use Book 2 **AND** Unisonal Part 2 No.1 for daily practice, personal improvement and preparation for the Concert Senior audition. Symphonic will use various exercises for warm-ups at band. Symphonic should also **ALWAYS** bring Unisonal Part 2 No.1.

BRING TUNERS

Bring your own tuner each week and tune your instrument before your band time begins.



Junior (see notes above)

SECTIONALS – 5:45-6:00pm - KITCHEN – Trumpets on [New World Symphony](#)

UNDER STAIRS – French horns

Do not stand on stairs or landing! Use only the area under the stairwell.

Everyone must bring their RED EE BOOK

RED EE BOOK – review on pg 2 and 3, Exercise 9 and 10; Rhythm lines 1 and 5

Clash and Roar
Huron Carol, The
Liturgical Fanfare
New World Symphony, Themes from The
Put Your Hand in the Hand
Rondeau
Samba Sauce
Strauss Waltzes
Thunderer, The
Trombone Boogie
COMBINED
Star Spangled Banner
God Bless America
You're A Grand Old Flag (Encore)

**ONLY THOSE MARCHING IN THE PARADE SHOULD PLAY THESE TWO SONGS AT REHEARSAL
DO NOT PLAY IF YOU ARE NOT SIGNED UP**

We Need a Little Christmas for parade, **Play with this recording** [We Need a Little Christmas - YouTube](#)
Christmas Spectacular for parade, **Play with this recording** [Christmas Spectacular – JW Pepper](#)

Senior (see notes above)

SECTIONALS – 6:45-7:00pm - KITCHEN – Trumpets on [Declaration](#)

UTILITY ROOM - Baritones

UNDER STAIRS – Flutes on [Declaration](#)

Do not stand on stairs or landing! Use only the area under the stairwell.

Everyone must bring their RED EE BOOK

RED EE BOOK page 34, 159-162; plus chorale 154,

Brighton Beach
Caribbean Skies
Declaration Overture
Humorescapade Novelty
Hungarian Rhapsody No.2
Make Me Smile
Mary Poppins, Highlights
Peasant Life
Psalm 42
Rock Around the Clock
Stormy Weather
Stout Hearted Men
COMBINED
Star Spangled Banner
God Bless America
You're A Grand Old Flag (Encore)

**ONLY THOSE MARCHING IN THE PARADE SHOULD PLAY THESE TWO SONGS AT REHEARSAL
DO NOT PLAY IF YOU ARE NOT SIGNED UP**

We Need a Little Christmas for parade, **Play with this recording** [We Need a Little Christmas - YouTube](#)
Christmas Spectacular for parade, **Play with this recording** [Christmas Spectacular – JW Pepper](#)

Symphonic (see notes above)

SECTIONALS – 7:45-8:00pm - KITCHEN – Flutes on [Raymond](#)

UTILITY ROOM – Baritones

UNDER STAIRS – Trumpets on [Spirit in the Sky](#) and [Enduring Traveler](#)

! Use only the area under the stairwell.

Everyone must bring their RED EE BOOK

RED EE BOOK – Exercise 161, 162 then 154.

- Abduction from the Seraglio, The
- Armed Forces Salute
- Curtain Call
- Enduring Traveler
- Girl from Ipanema, The
- Raymond Overture
- Spirit in the Sky
- Waka Waka (This Time for Africa)
- COMBINED
- Star Spangled Banner
- God Bless America
- You're A Grand Old Flag (Encore)

**ONLY THOSE MARCHING IN THE PARADE SHOULD PLAY THESE TWO SONGS AT REHEARSAL
DO NOT PLAY IF YOU ARE NOT SIGNED UP**

We Need a Little Christmas for parade, [Play with this recording We Need a Little Christmas - YouTube](#)
Christmas Spectacular for parade, [Play with this recording Christmas Spectacular – JW Pepper](#)

GENERAL NOTES

FOOTBALL GAME ON 9/28

Complete instructions including WHERE, WHEN, DRESS CODE and more was sent in an email on 9/26 at 2:06pm by the director to all participating families.

COST: Our musicians are free at the gate. However, friends & family will need to pay admissions (\$3 students, \$5 adults, \$20 family max).

***NOTE:** Put the Rah Rah Stand Cheers and Quick Stand Pak song sheets next to each other in your flip folders for easy access. We'll be playing those a lot during the game, especially the Rah Rah one and possible The Hey Song, too. And if they make a touchdown, we'll play the Go Northwestern song.

FOOTBALL/PARADE SONGS
ZAKETEKAS
AMERICAN PRIDE
AND DANCE
GOD BLESS
CADENCES:
FOOTBALL
Star Spangled Banner (just in case)
RAH RAH - Stand cheers*
QUICKSTAND PAK-Stand cheers*
ZAKETEKAS
AND DANCE
AMERICAN PRIDE
GOD BLESS AMERICA
PROUD MARY
HEY SONG *
THINK
SWEET CAROLINE
RAWHIDE
SWANEE
SWEET HOME CHICAGO

SWEET GEORGIA BROWN
BOOGIE SHOES
HAWAII 5 0
SEPTEMBER
PAUL SIMON
GO Northwestern! (touchdowns)

HEARING PROTECTION

For those who are interested, there are ear plugs which are specifically designed for musicians. They reduce the sound level by 20 decibels but still allow you to hear clearly.

A good number of band members have worn these every week in band for years (and other loud events like football games and movies). They're comfortable and effective. The drum and bugle corps and college bands now issue them to all their members.

They sell for \$13.98 on the ETYMOTIC website and here's a link for Amazon [Etymotic High Fidelity Earplugs](#).

JACKET AND PANTS FITTING

We hold a jacket and pants fitting *only once a year*. The jackets are for Symphonic members while the pants are available for any band member. After this one and only fitting opportunity everything is packed away and not accessible. This year's fitting date is **Tuesday, November 12, 7:30 - 8:30 pm**. **YOU WILL NEED TO SIGN-UP IF COMING**. The sign-up sheet is at the front table.

The director wishes to emphasize that the band has over 100 pairs of pants to lend. Whether for concerts or looking ahead to marching, you should think about this now as November 12 is the only fitting date. This fitting happens annually. If you are concerned you might need a larger size later in the year she said you can take two pair. You need to sign-up to try them on, on November 12.

MUSIC LINKS FOR ALL THREE BANDS

We will be sending out a document containing links for the Winter Concert to all families in the coming week or so. In the meantime, some can be found at [Past WSHSB Concert Performances](#), on JW Pepper, YouTube and Stanton's. Make sure you are using the correct arrangement/arranger.

MUSIC – INSTRUMENT-REPAIR SHOPS

This document can be found on our FORMS/OCUMENTS page

In a week or so a list of Private Music Instructors will be emailed to all band families since it contains private information.