

## 10-03-24 Rehearsal Notes

### IMPORTANT DATES AND DEADLINES

**October 11 – FRIDAY – Band Apparel order deadline 11:59pm CST.**

**October 12 – Saturday Crossroads Football game 2pm**

Aurora Central Catholic High School  
1225 N. Edgelawn Drive; Aurora, IL 60506

**Meet in parking lot at 1pm for rehearsal**

**October 17 – Collection of all summer music with a completed Music Return Form**

Instructions are coming in the Rehearsal Notes. Form coming.

**November 7 -- Band Apparel orders delivered at band**

**November 12 – Tuesday evening, 7:30 – 8:30 pm – Black uniform pants for all and Symphonic blue jacket fitting/exchange at the Borows**

You must sign-up in advance. See Rehearsal Notes for more info.

**November 21 - Cadets' Winter Performance Dress Rehearsal**

Regular practices for Concert Junior, Concert Senior and Symphonic

**November 28 – NO BAND Happy Thanksgiving**

**November 29 – Friday evening–CONFIRMED – Wheaton Christmas Parade**

Gather 5:00pm in parking lot behind Wheaton's City Hall (NW corner Wesley St. and Wheaton Ave.)  
Step-off 6 pm.

**December 2 - Spring trimester, BOOSTER VOLUNTEER JOBS to be RELEASED at 7pm. First come, first served.**

**December 5 - Cadets' Winter Performance – Location Marvin Hall upstairs at Resurrection**

AND Regular practices for Concert Junior, Concert Senior and Symphonic

### Sweeping Assignment for next rehearsal after Symphonic band

You must get a sub if you will not be there. 10/10 Clarie G

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**DAILY PRACTICE SHOULD BE #1 PRIORITY FOR ALL**  
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### APPAREL ORDER DEADLINE

Order deadline is 11:59pm on October 11 for distribution on November 7. There is a personalization option for select t-shirts and hoodies.. See more details in the Opening Letter.

ORDER LINK → <https://hyperstitch.com/category/schools/west-suburban-home-school-band/>

Email or call/text Mrs. Herrera with any questions; her number is in the Opening Letter.

### IMPORTANT REMINDERS

**Remember that we are only allowed to use Cornelius Hall!**

- No one should be outside other than going to and from your car. Stay inside until your ride arrives – both students and adults.
- There should be no running, playing or visiting with friends anywhere outside; on the hills, grounds, parking lot, etc. – both students and adults.
- Parent Safety Marshalls must be aware of these points and be especially vigilant, focusing on the parking lot/outside and directing students inside.
- **Parents must park their car and come just inside Cornelius** (near the coat rack) to pick-up their student(s). Please come inside and pick-up your student(s) promptly after their band is finished

### DRESS CODES FOR REHEARSALS AND CONCERTS

**QUOTE FROM OUR DRESS CODE** - Outfits that are **immodest, low cut scoop-neck, too tight, short, loose, sheer, torn**, contain inappropriate messages or symbols and any hair color that is not a naturally occurring shade are not acceptable. **ADDED 04/13/23. No short-shorts. Shorts need to be Bermuda-like shorts (nothing shorter), no leggings, no tank tops, and no spaghetti straps.** Click for [WSHSB Dress Codes](#).

## SECTIONALS FOR 10-10-24

Cadet	4:45-5:00pm	ALL, See notes	Various
Junior	5:45-6:00pm	KITCHEN	Trumpets
Junior	5:45-6:00pm	UTILITY ROOM	French horns
Junior	5:45-6:00pm	UNDER STAIRS	Saxes
Senior	6:45-7:00pm	KITCHEN	Trumpets
Senior	6:45-7:00pm	UTILITY ROOM	Baritones
Senior	6:45-7:00pm	CHAIR ROOM	Clarinets
Senior	6:45-7:00pm	UNDER STAIRS	Flutes
Symphonic	7:45-8:00pm	KITCHEN	Clarinets
Symphonic	7:45-8:00pm	CHAIR ROOM	Trumpets
Symphonic	7:45-8:00pm	UNDER STAIRS	Flutes

## MUSIC NOTES

### Cadets

**SECTIONALS – 4:45-5:00pm Assignment for ALL sectionals.** Play new notes, Ex. 1,3,5,7,9, and top of page 6. Helpers confirm/review tonguing, review hand-out homework  
KITCHEN – Trumpets  
UTILITY ROOM – Baritones  
CHAIR ROOM - Oboes  
UNDER STAIRS – Flutes  
**Do not stand on stairs or landing! Use only the area under the stairwell.**  
AT YOUR PLACE **ALL OTHER** instrument sections, with section leader,  
Same assignment

### **NOTICE– CADET EVALUATIONS will be held on 10/17.**

**Early arrivals will be required to BEGIN EVALUATIONS at 4:45 pm sharp!**

- Observed for posture, instrument hold, hand position and embouchure
- Pg. 6, perform 5 notes in review,
- Pg. 6, play Ex 18 Go Tell Aunt Rhodie
- Pg. 6, clap Ex 15 Rhythm Rap while the helper keeps the tempo with their foot
- Recite letter names for lines and spaces as shown in Rehearsal Notes
- Observed for note accuracy plus tonguing for winds, sticking for perc,  
EVALUATORS: Cadet Evaluation Form can be found on our Member's News Page

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**Cadet Parents** – If your student is struggling to produce sound on their instrument please call the director, 630-231-6155, as soon as possible, before the next rehearsal on 10-3 for suggestions.

**A DIFFERENT PAGING SYSTEM** – French horns and oboes have a different paging system in their Essential Elements book. There are two pages, A and B, left and right, for every page number. If you have this type of book you should always play from the page on the right side at band rehearsals.

## PARENTS, WE NEED YOUR HELP

**A very small percentage of students reported that they actually practiced with the recordings**  
**On our Music Resources page is a link to a PDF that explains how to access the play-along tracks and tools to use with Essential Elements. The director expects all Cadets to always play along with these recordings. We've included the link for you → [ABOUT ESSENTIAL ELEMENTS "MY EE LIBRARY](#)**  
**Practicing with recordings should help the student HEAR if they are playing the notes correctly.**

**BRING A SHARPENED PENCIL** for making marking in the notes and making notations on music. Nothing other than pencil markings are to be made.

### FOR HOMEWORK –

1. Review the 5 Notes in Review, top of pg 6, Work on pages 6 and 7 and [play along with recordings](#). [Adjust tempo if you are able](#).  
Complete Exercises 13, 19 and 26. Review the YELLOW boxes.

**WRITE IN THE LETTER NAMES OF NOTES on exercises if helpful.**

- 2. All brass instruments, practice lip slurs, ex. 1-9. **Be prepared for a QUIZ on those required lip slurs.**
- 3. Review Rhythm Studies pg 42, clapping lines 5 and 9
- 4. **Do the handout at home and review with your section leader before band during the sectional time from 4:45 to 5pm.**
- 5. HELPERS – Ask your section members for their Homework Handout assignments and review them
- 6. **Practice these songs daily for Cadet Performance**  
**PLAY ALL SONGS WITH RECORDINGS**  
 14 Rolling Along  
 18 Go Tell Aunt Rhodie  
 25 Lightly Row  
 22 Split Decision, (*repeat one time, although not written that way*)  
     **A**-Woodwinds  
     **B**-Brass  
 24 Listen to Our Sections

Use the link provided above or play with the DVD (if you have it) using the Smart Music software with the adjustable tempo. You can control the tempo. Listen and try to match the pitch and tone. Use proper tonguing. Practice every day for no less than 20 minutes. You may split the time between multiple sessions. At every practice session, everyone should check their: posture and instrument hold, breathing/airstream, and mouth position (embouchure).

**NOTE to BRASS: WORK ON LIP SLURS** – See definition of lip slurs on page 24 of Essential Elements. All brass players must learn to move up and down in pitch by loosening and tightening their lips. Doing this is called a lip slur. Focus on the trial & error of moving your lips (tightening/loosening) to match the required notes in the exercises. It will take regular practice to reach the notes.

For all brass, except Eb tubas, this can be practiced using the book going back and forth from the note in Exercise 1 to the note in Exercise 9. Eb tubas will not have a lip slur until your lesson includes high Bb. You will then need to lip slur from Bb to Eb.

**FOR CADET PERCUSSIONISTS WITH BELLS** – Label the notes on your bells using masking or painter’s tape which is easier to remove. Mark the letter name of each note on the tape according to the chart on page 5.of your book.

**FOR ALL CADETS - RECOGNIZING NOTES**

The musical staff has five lines and four spaces. Following are mnemonic aids to help remember the names of the different notes on the treble clef and bass clef, both the lines and spaces. It is a time-worn method.

|                     |                      |                    |                  |
|---------------------|----------------------|--------------------|------------------|
| Treble Clef - lines | Treble Clef - spaces | Bass Clef - lines  | Bass Clef spaces |
| <b>E - every</b>    | spell: F-A-C-E       | <b>G - great</b>   | <b>A-all</b>     |
| <b>G - good</b>     | <b>F</b>             | <b>B - big</b>     | <b>C-cars</b>    |
| <b>B - boy</b>      | <b>A</b>             | <b>D - dogs</b>    | <b>E -eat</b>    |
| <b>D - does</b>     | <b>C</b>             | <b>F - fight</b>   | <b>G-gas</b>     |
| <b>F - fine</b>     | <b>E</b>             | <b>A - animals</b> |                  |

**CADETS AND PARENTS, be sure to also read the General Notes further down.**



**Notes to Junior, Senior, and Symphonic bands –**

**Keep all music until collection day whether we play it or not.**

**MUSIC MISSING?** Songs are listed below. If you are missing any of the following songs please email Mrs. Borow ([director@wshsb.org](mailto:director@wshsb.org)) as soon as possible. She will put it in your music folder. **DO NOT WAIT UNTIL NEXT REHEARSAL TO TELL HER.**

**MUSIC CUT OFF?** Email Mrs. Borow with any titles and page numbers where you are missing the bottom of the page. She will put replacement pages in your music folder

**BRING A SHARPENED PENCIL** for making notations on band issued music. Nothing other than pencil markings are to be made. The quantity of marks should be kept to a bare minimum and all marks must be erased before returning.

**FOR ALL PERCUSSIONISTS - EVERY WEEK, ALL percussionists must bring your own labeled music folders. ALL members must also bring their bell sets.** Be sure to label all parts. **ALSO** - You must bring your own printed copy of the assignment grid, emailed to you. Keep it in your music folder and bring to band every week for each of your bands to help expedite the logistics in the section.

## **BRING TUNERS**

**Bring your own tuner each week and tune your instrument before your band time begins.**

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### **Junior (see notes above)**

SECTIONALS – 5:45-6:00pm - KITCHEN – Trumpets on [The Thunderer](#) and [Star Spangled Banner](#) at “C”

UTILITY ROOM – French horns on [God Bless America](#)

UNDER STAIRS – Saxes on [New World Symphony](#)

**Do not stand on stairs or landing! Use only the area under the stairwell.**

\*\*\*\*\***PRACTICE DAILY WITH LINKS COMING BY EMAIL LATER THIS WEEK**\*\*\*\*\*

**Everyone must bring their RED EE BOOK**

**RED EE BOOK** – review p. 4,5, Ex. 11,13 - 18; Rhythm lines 9,13

Star Spangled Banner

QUIZ- Trumpets at C

God Bless America

QUIZ – measures 1 to 18

Clash and Roar

Huron Carol, The

Liturgical Fanfare

New World Symphony, Themes from The

Put Your Hand in the Hand

Rondeau

Samba Sauce

Strauss Waltzes

Thunderer, The

Trombone Boogie

COMBINED

You're A Grand Old Flag (Encore)

**ONLY THOSE MARCHING IN THE PARADE SHOULD PLAY THESE TWO SONGS AT REHEARSAL**

**DO NOT PLAY IF YOU ARE NOT SIGNED UP**

**We Need a Little Christmas** for parade

**Christmas Spectacular** for parade

### **Senior (see notes above)**

SECTIONALS – 6:45-7:00pm - KITCHEN – Trumpets on [Brighton Beach](#)

UTILITY ROOM - Baritones

CHAIR ROOM – Clarinets on [Peasant Life](#) 19 to 44 and [Mary Poppins](#)

UNDER STAIRS – Flutes on [Peasant Life](#) 19 to 44 and [Mary Poppins](#)

**Do not stand on stairs or landing! Use only the area under the stairwell.**

\*\*\*\*\***PRACTICE DAILY WITH LINKS COMING BY EMAIL LATER THIS WEEK**\*\*\*\*\*

**Everyone must bring their RED EE BOOK**

**RED EE BOOK** page 34, Ex. 167-170 plus Chorale 156

Brighton Beach

Caribbean Skies

Declaration Overture  
Hungarian Rhapsody No.2  
Make Me Smile  
Mary Poppins, Highlights  
Peasant Life  
Psalm 42  
Rock Around the Clock  
Stout Hearted Men

**ONLY THOSE MARCHING IN THE PARADE SHOULD PLAY THESE TWO SONGS AT REHEARSAL**

**DO NOT PLAY IF YOU ARE NOT SIGNED UP**

**We Need a Little Christmas** for parade

**Christmas Spectacular** for parade

*The following songs have been cut*

Humorescapade Novelty

Stormy Weather

### **Symphonic (see notes above)**

**SECTIONALS – 7:45-8:00pm - KITCHEN** – Clarinets on [Abduction](#), [Raymond](#) and correction for [Waka Waka](#)

**CHAIR ROOM** – Trumpets on [Curtain Call](#) and [Spirit in the Sky](#)

**UNDER STAIRS** – Flutes on [Waka Waka](#) (m 19, 23, 27, 47) and [Curtain Call](#)  
(m 35-45, 75-80,88,89,133-end) to get syncopated rhythms

**Do not stand on stairs or landing! Use only the area under the stairwell.**

**\*\*\*\*\*PRACTICE DAILY WITH LINKS COMING BY EMAIL LATER THIS WEEK\*\*\*\*\***

**Everyone must bring their RED EE BOOK**

Abduction from the Seraglio, The

Armed Forces Salute

Curtain Call

Enduring Traveler

Girl from Ipanema, The

Quad City Stomp \*NEW\*

Raymond Overture

Spirit in the Sky

Waka Waka (This Time for Africa)

QUIZ – Dotted eighth note at 19, 27, etc.

**ONLY THOSE MARCHING IN THE PARADE SHOULD PLAY THESE TWO SONGS AT REHEARSAL**

**DO NOT PLAY IF YOU ARE NOT SIGNED UP**

**We Need a Little Christmas** for parade

**Christmas Spectacular** for parade

## **GENERAL NOTES**

### **ABOUT THE SOLO AND ENSEMBLE CONTEST (SEC)**

Our annual Solo and Ensemble Contest is an exciting and much anticipated musical event. Our 24th annual SEC will be held on a **Saturday, March 15, 2025, 9am to @2:30pm**. Location is Christ Presbyterian Church, 903 E. Nerge Rd., Roselle 60172. ALL band members, Cadet through Symphonic, are encouraged to participate in the SEC. Students have the opportunity to prepare solos and/or ensembles of their choice and perform them for a judge who then rates their performance. There is no competition; rather, students strive for their personal best. Judge's decisions are final. **Start planning NOW! SEC Online registration will start December 5 and end February 13, 2025. All fees are due by February 20, 2025.**

**Mrs. Borow will be bringing a file of Band-owned ensembles for borrowing short-term. Copy and return so they are available for others to see.**

## HEARING PROTECTION

For those who are interested, there are ear plugs which are specifically designed for musicians. They reduce the sound level by 20 decibels but still allow you to hear clearly.

A good number of band members have worn these every week in band for years (and other loud events like football games and movies). They're comfortable and effective. The drum and bugle corps and college bands now issue them to all their members.

They sell for \$13.98 on the ETYMOTIC website and here's a link for Amazon [Etymotic High Fidelity Earplugs](#).

## JACKET AND PANTS FITTING

We hold a jacket and pants fitting *only once a year*. The jackets are for Symphonic members while the pants are available for any band member. After this one and only fitting opportunity everything is packed away and not accessible. This year's fitting date is **Tuesday, November 12, 7:30 - 8:30 pm**. **YOU WILL NEED TO SIGN-UP IF COMING**. The sign-up sheet is at the front table.

The director wishes to emphasize that the band has over 100 pairs of pants to lend. Whether for concerts or looking ahead to marching, you should think about this now as November 12 is the only fitting date. This fitting happens annually. If you are concerned you might need a larger size later in the year she said you can take two pair. You need to sign-up to try them on, on November 12.

## MUSIC LINKS FOR ALL THREE BANDS

We will be sending out a document containing links for the Winter Concert to all families in the coming week or so. In the meantime, some can be found at [Past WSHSB Concert Performances](#), on JW Pepper, YouTube and Stantons. Make sure you are using the correct arrangement/arranger.

## MUSIC – INSTRUMENT-REPAIR SHOPS

This document can be found on our FORMS/OCUMENTS page

In a week or so a list of Private Music Instructors will be emailed to all band families since it contains private information.

**IDEAS FOR PASSING TIME** - In the past moms of small children wondered what to do/where to go during band time. Suggestions we've received include the following list. Please let us know if any have changed or you have something to add.

- Bring some popcorn and a good exciting book and read out loud in the car. There are great biographies of missionaries and leaders of the faith written for younger ages. We can never seem to squeeze in enough time to do family reading, and this 'forced down time' could offer that.
- There is a Wal-Mart just east of the Charlestown Mall, off Smith Rd. and a Jewel to the west on Kirk Rd. It is fairly close (5.6 mi @10 min). Take Rt. 59 to North Avenue. Go west and it is on the right (north) side of the street.
- Some prefer to go east on Army Trail Road past County Farm Road to Costco (4.5 mi @7 min) (closes 8:30, gas station closes 9:30) and an Aldi (closes 8pm). There is also a Jewel at Army Trail and County Farm Roads (3.2 mi @5 min).
- Bartlett Library (closes 9pm) is at 800 S. Bartlett Road (3.5 mi, @8 min).
- NE corner of Rt 59 and Army Trail
  - Starbucks (closes 8pm)
  - DosBros Fresh Mexican Grill - COMING SOON
  - Atlas Chicken (closes 8:30)
  - Beef Shack (closes 9pm).
- SE corner of Rt 59 and Army Trail
  - CVS (closes 10pm)
  - In strip mall, Pietanza's Italian Restaurant (closes 9pm)
- SW corner of Rt 59 and North Ave
  - Menards (closes 10pm)
  - Augustino's Rock 'n Roll Deli (closes 9pm)

- Popeye's Chicken (closes 10pm, take out only, no eat-in)
- NE corner of Rt 59 and North Ave
  - Old Time Pottery and Dollar Tree (both close at 9pm)
  - McDonalds (closes inside at 10, drive-thru closes at 11)
  - Dunkin Donuts/Baskin Robbins (closes 9pm)
- NW corner of Rt 59 and North Ave
  - Mariscos El Vallartazo (closes 10pm)
  - Los Girasoles (closes 8pm)
- North on Rt 59 past Schick Rd. is a Culver's (closes at 10pm) and nearby, at 1420 S. Rt 59, is a Goodwill store, but it closes earlier at 7pm.
- Further north on Rt 59 (about 6 min from Resurrection) at Stearns Rd
  - Home Depot (closes 10pm)
  - At that intersection is a Walgreens, MacDonald's, Taco Bell, and Wendy's, KFC, Bucky's North of the Border Mexican Restaurant (closes 8pm)
  - There is also a Greek restaurant, Ambrosia Greek Eatery (closes at 9pm)